

# FOCUS

SOUTH QUEENSLAND CONFERENCE NEWSLETTER

## YOOROONGA—GOOD TO GO

It is exciting! Construction is about to commence on-site on this attractive slice of land in the next few weeks. Five Villas will be built, providing independent living for “younger” people who suffer disabilities. The property lies right beside our Victoria Point Adventist Retirement Plus community which offers many advantages.

Since the concept of Yooroonga was initially developed some years ago, the National Disability Insurance Scheme (NDIS) has now been established. This was set up to provide the support needed for people living with a disability, to empower them to live more independently, be in control and able to choose the services they require and their preferred service providers. Yooroonga will assist by providing independent living residences and new choices for those in need in our community.

This much needed project is a South Queensland Conference initiative. We thank all who have given to this great project in the past and who are still giving. Special thanks must also be extended to the previous Yooroonga committee, who gave many hours to develop the vision for these residences. Now, following their passionate commitment and hard work this project is becoming a brick and mortar reality.

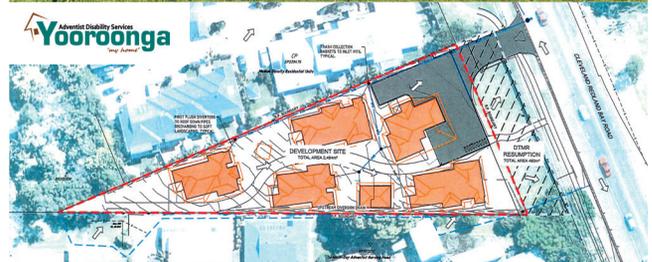
As part of our South Queensland Conference family, you are invited to become a supporter of this exciting development through the Conference-wide offering for Yooroonga on Sabbath, 1 December. Promotional material

is available at your Church so please take time to discover more about Yooroonga and how it will be a blessing.

God has chosen us to help one another, and giving to the Yooroonga appeal is one way we can help create a blessing for others.

“Alone we can do so little; together we can do so much”  
(Helen Keller).

ARTICLE AND PHOTO BY ROB ELLISON



# Departmental Restructure

The Conference Executive Committee has spent some time considering how we might Shape for Mission at Conference level to provide better support to the ministry needs of our local churches. Our churches are the hub of mission and centres where people are disciplined for Jesus. We want the local church to be where it should be, at the centre and heart of mission.

To better respond to the needs of local churches, pastors, and church leaders, we have implemented what we have called the Church Support and Development Team. This team incorporates what were previously all the departments directed at local church ministries, and they will operate as a team rather individuals.

The Appointments Committee nominated the following personnel to the team:

- Director—Greg Pratt
- Associate—Russ Willcocks
- Associate—Alina van Rensburg
- Associate (Youth Ministry)—Rick Meale
- Associate (Women’s Ministry)—Helen Threlfo

We want to continue to develop our churches into healthy places, open to sharing God’s love with the community around them. The Natural Church Development program, the exciting and new Ministerial Development resource, and our desire to better engage youth through the ‘Growing Young’ paradigm will continue to be important elements in SQLD as we strive to become a thriving disciple-making movement.

We believe that local churches function organically, in harmony with the giftings of the Spirit and the passion of the local members. This is truly a biblical model of church; people using their gifts in the life of the church empowered by the Spirit. The skills so developed in the local church are amazing, and our desire is to encourage a networking of these skills and resources amongst our various churches and members for the effectiveness of mission.

If you have something you need help with, our team is willing to come alongside you and assist. This is a ‘bottom up’ approach, not one that is ‘top down’. This team is there to respond to you, our leaders in South Queensland, according to your needs. It is wonderful to have such a passionate and innovative team and I know God will richly bless them and our Conference as we continue to Shape for Mission.

# Local Church Evangelism Funding Subsidies

As the Conference continues to Shape for Mission, we have initiated some exciting changes to the local church evangelism subsidy provided by the Conference. From 2019, evangelism subsidies for local churches will use as a base allocation an amount equivalent to 2.5% of tithe from that local church. In addition, the Conference will develop another fund using 1% of Conference tithe to subsidise churches for whom 2.5% may not be enough for their outreach plans. This will be calculated on the previous full tithe year eg. 2019 is based on 2017 tithe figures.

These percentages may not sound much, but this will significantly increase our allocation to local church evangelism (more than double). In harmony with policy around the use of tithe, we will encourage ‘servolution’ type community connection initiatives as an option for funding, along with the more traditional message-based programs.

We must follow ‘Christ’s method alone’ as we reach out and connect with our communities and share God’s love.

We encourage churches to think about how they can best use this money to advance our God-given mission.



ARTICLE BY PASTOR BRETT TOWNEND  
CONFERENCE PRESIDENT



## Happily Forever After

Sunday evening 21 October, Brisbane Adventist College (BAC) made history, presenting their largest primary school musical ever. The musical entitled “Happily Forever After” involved every primary student in costume and told the gospel story set in a medieval theme.

colour and parents were treated to a variety of songs and witty dialogue. Musical director Dianna Martinez said “it was simply amazing seeing every student involved, and so much fun to see all teachers dressed in medieval costume”.



Welcomed by a knight in shining armour and treated to a walk down the red carpet, over 1000 attendees were transported into a lush medieval forest where primary students shared the gospel story throughout this one hour musical. The presentation was bursting with lights and

Primary Deputy Principal Damon Quick shared how he was incredibly proud of the students, not only because of the performance they gave, but how the message of Jesus and His love was portrayed in the musical. The Parents and Friends Association served a delicious meal to end the evening.

ARTICLE AND PHOTOS BY JP MARTINEZ

## Excelsior Club Grows Friendship

There is happy chatter and much laughter coming from Bundaberg’s St Andrews Church Hall on Wednesday mornings, and the car park is full. People are still collecting their name badge at the door, chatting with a smiling Michelle Thomas, Excelsior Club’s coordinator, while others are swapping hugs and catching up with ‘table mates’ at one of the many, neatly arranged tables.

In the kitchen, Kylie Mantiet and Aaron Ruck prepare delicious fruits and other delights for morning tea. This Wednesday, a local ladies choir were special guests, entertaining with well-known and much loved songs. Games, quizzes and a craft followed. Each week sees lots of variety that can include music, stories, presentations, vegetarian cooking demonstrations. The last Wednesday of each month, Excelsior Club members are treated to a bus outing to ‘somewhere special’.

The club, launched in 2014, has grown considerably. Many members are people living alone who courageously step out of their comfort zone, ‘risking it’ to attend a club. Out of this grows lasting friendships as they find others on a similar journey.

Michelle and her hard-working team—Gail Von Deest, Ian and Julie Sydenham, Daniel Hokin, Kyle and Aaron – are passionate to see this community ministry keep happening, week after week. Some other Church members also come to support the ‘befriending’ aspect of the program. Michelle goes the extra mile, visiting and encouraging Club members in their homes, even providing assistance to those with



special needs. Some club members have attended Sabbath services, and there has already been a baptism as a result of the club. Most also enjoy attending the St Andrews Adventist Church Christmas program and fellowship meal.

As Excelsior Club concludes for the day, Michelle leads out with some physical exercises, gentle enough for even those in wheelchairs. Laughter echoes throughout the hall, as reluctant limbs are made to stretch and relax, stretch and relax ...and then it is time to go home.

As we clean up, a little elderly grandmother asks if she might take home a few ‘goodies’ for her grandchildren who eagerly await her return from Club each week. “They love fruit best”, she says. Aaron hands her some left over fruit and as she leaves with a huge smile. We thank God for this amazing opportunity to share God’s love with our community.

ARTICLE AND PHOTO BY FAY GRIEVE

## ADRA Logan Seeks Salty People

Salt has to touch your food before it affects the flavour. Darkness is conquered by a single light. In Matthew 5, Jesus used salt and light as metaphors in his sermon on the mount, invitations for us to bring the flavour and gospel illumination into the lives of people. At Big Camp, ADRA Logan connected with campers to encourage more volunteers to be salt and light to others. A pop-up Op Shop provided the outlet for engaging campers to ‘Do Something New @ ADRA’ by volunteering, reflecting the Big Camp theme of ‘God is doing a New Thing’. Feedback was positive about having an Op Shop at Big Camp, but while many indicated an interest in volunteering, at ADRA Logan we are still hoping prayerfully for more volunteers to arrive.

“Christ’s method alone will give true success in reaching the people. The Saviour mingled with men as one who desired their good. He showed His sympathy for them,



ministered to their needs, and won their confidence. Then He bade them, “Follow Me.” (Ministry of Healing p. 143). What better way to mingle with unchurched community people than through an ADRA project. While it can be confronting to serve on the “front lines of poverty and distress, there are missional opportunities you could be involved in immediately – food handling, Op Shop, carwash, community gardens, training, truck driving (pick-ups and deliveries) and more.

ADRA Logan already has dedicated volunteers who mingle with men and women desiring their good. Every Tuesday a local church member volunteers to supervise our community garden crew. Others drive our ADRA trucks to collect food. Two Adventist women supervise our Op Shop on weekdays and another two on Sunday mornings. Yet Adventists are well outnumbered by other volunteers

from the community. But for the handful of Adventist volunteers there are regular God-led experiences which are priceless, sometimes inspiring people to attend local churches including Springwood, Logan Reserve, and Edens Landing. More members volunteering to mingle as Jesus did, means more lives impacted for the kingdom.

Contact us today at ADRA Logan (or any ADRA project) to see where you can volunteer. Call Henk La Dru, on 0401 356 105 or email [manager@adralogan.org.au](mailto:manager@adralogan.org.au)

ARTICLE BY SAM LUTERU, PHOTO BY LEANNE SMITH

## Mustering The Mob At Monto

While most church members across South Queensland were enjoying the first Sabbath of Big Camp, a small handful from Monto Church stayed behind to run a Messy Church program for the start of the biennial “Monto Dairy Festival”. Although the Adventist Church organised the Messy Church program it was presented as a combined churches event with members from several denominations helping out in various roles.



The message and activities were built around the 2018 Dairy Festival’s theme of “Mustering the Mob”.

An estimated 60–80 people attended. All were ‘branded’ on arrival then mustered through a cattle chute to a ‘dip’ area where various dips and crackers were served.

Family groups worked together on a number of hands-on activities. Homes constructed from big cardboard boxes were then painted. A wall hanging of a mob being mustered home was created with stencilling and wood-burning, and local railway spikes could be inserted as pegs to hang coats or hats. Handprints in paint and messages covered a life-size cow statue that will become a permanent fixture, along with others, around the township of Monto.

The message presented gave a simple overview of God first preparing a beautiful home for His creation, then the fall, and finally God’s desire and plan to ‘muster His mob’ back home again very soon.

It was worth missing out on the first weekend of Big Camp, just to see so many local families happily engaging together in the activities, and finding this alternative church program a positive experience.

ARTICLE BY LYNETTE KELLY, PHOTO BY DAWN THYER

# Adventist Aviation Association Annual Report

We live in an ever changing world and your Adventist Aviation Association is always caught up in change whether it is helpful or not. But for “A Double A”, here in South Queensland the one thing that never changes is our mission to the Outback.

Once our mission plane flies over the Great Divide, we are in “mission territory” and it is huge. Our conference covers some 300,000 square kilometres, housing over 100,000 souls at the last census for whom Christ died.

One of the things that keep AAA on track is our logo. The white outside circle and white inside represent Christ’s Righteousness; the Blue His Law, the Globe, the world He shed His blood for, the continent of Australia is the Great Southland of Christ’s Holy Spirit, and the three planes the Three Angels flying in the midst of heaven with the last warning message to a lost world.

By the time you read this our flying year will have concluded. Since the GFC, we have reduced our flights from two per month, to only one. Donations have been low and slow (if it was a plane in flight, this would be dangerous) since 2008 and if recent market trends are anything to go by, things are not



much better now. However, we are never, ever dispirited or disheartened. “A Double A” is a faith based organization and has remained so for over 50 years; as long as there is fuel in the tank and missionaries willing to spread the Gospel, we will fly.

And so, as we take a well-earned break over year-end, mainly because of fierce summer storms and cyclones, not to mention Christmas, we look forward with excitement to the challenges and opportunities of 2019. In His Name, we say a big “Thank You” to those who donate their hard earned dollars (and it takes a lot) to this ministry. Without you it would not exist. Please see your AAA Directorate (elected at Big Camp) for the 2018–2019 Ministry year.

ARTICLE AND PHOTO BY DAVID EDGAR



2018-19 AAA Directorate	
<b>President</b>	Pr David Edgar (Field Pastor, South Queensland)
<b>Vice Presidents</b>	Gary Clifford (MD Pacific AirExpress), Dr Donald Pitchford (Surgeon), Philip Harris (Creation Ministries)
<b>General Secretary</b>	Sharon Esteves (Executive Assistant)
<b>Treasurer &amp; Asst Treasurer</b>	Jonathon Hunt-Mason (CPA), Tanya Hunt-Mason (Financial Accounts)
<b>Chief Pilot</b>	Jarryd Dickens (Flight Instructor)
<b>Check Pilot</b>	Lester Lewis (Senior Airline Captain)
<b>Women’s Ministry Team</b>	Patty Gillespie (Aged Care)
<b>Outback Coordinator, WHS Officer &amp; First Aid Trainer</b>	Colin Brighton (First-Aid Trainer)
<b>Board Members</b>	Mike Grady (Pilot), Dr Phillip Rodionoff (GP)
<b>Pilot Member</b>	Murray Brown (Pilot)
<b>Conference representative</b>	Pr Greg Pratt (Director, Church Support & Development Team)
<b>Constitutional Members</b>	South Queensland Conference President and General-Secretary

## WYNNUM

### A NEW LEASE ON LIFE



A few months ago, leadership teams at both Brisbane Croatian and Wynnum churches decided to pool the outreach efforts of the two church families. So members of both congregations now worship together at Wynnum Adventist Church, collaborating conscientiously to fulfil God's commission to spread the Word of God.

From day one the atmosphere in the church has been one of renewal, with a fresh spirit of direction coupled with a dedicated group of capable & willing participants. The community of Wynnum and its surrounding suburbs need the light of our unique Adventist message, and this new and vibrant congregation can offer lively Christian service to meet these needs. Programs available include a vibrant and air-conditioned children's Sabbath School led by dedicated teachers, with lots of live music to participate in and plans for further renovation. The main Church has commenced an internal facelift with all-new paint, sound system and air conditioners. A dedicated musicians bless the main services with a rich musical program.

Recently some members offered a FREE lemonade stand at the Manly markets at 5am on Sabbath morning receiving donations for ADRA. Apart from collecting over \$250 for ADRA and direct invitations to visit the Wynnum Adventist Church, over 300 free lemonades were given and more than 100 brochures explaining ADRA's work.

This newly combined Croatian & Wynnum church family is holding a community Christmas-focused day on 8 December, with a special Sabbath morning service reflecting on the birth of Christ, a Saturday evening concert entitled 'Carols & Fairy Lights' and then street food served outside the church – and you're invited to join in as well for this high day together.

ARTICLE BY JASON JAKOVAC

PHOTO BY SAMUEL KELAVA

## CABOOLTURE

### HIGH SABBATH TURNING 50



Over 300 people attended Caboolture Church as it celebrated 50 years existing as a church on Sabbath, 3 November! The church also happened to be celebrating 30 years of meeting at their current site located on Caboolture River Road.



As people arrived they were greeted by the carpark welcome team, then at the door received a commemorative fridge magnet created by the Adventurers Club. Children and young adults led out in the 10:00am worship, which included memories from pioneer members about church beginnings and reports from various ministries which continue to impact the community, locally and internationally. An orchestra made up of members from



the church supported the worship team as they led singing.

The fellowship lunch packed out the hall. The community shared a 50th anniversary cake made by one of the members, which was ceremonially cut by all previous and current pastors! In the afternoon, teams of young adults from the church visited neighbouring houses around the church, delivering chocolates and wishing people a great week! Thanks to all who volunteered to make the day such a wonderful memory for those who attended! More photos at <https://m.facebook.com/cabooltureadventist/>

ARTICLE BY LEATHAN FITZPATRICK

PHOTOS BY COLIN WILSON

## GLENVALE

### OCTOBER FUNDRAISING SUCCESS



Based on a successful 2017 auction for the ADRA Appeal which raised over \$7,000 in three hours, a team of enthusiastic volunteers at Glenvale Church in Toowoomba once again led a night of fun and fellowship, including a meal, live music, and ADRA Op

Shop clothing sales to bring in extra funds. Over \$8,300 was raised in the 2018 auction which benefits the 2018 ADRA Appeal combined with funds collected door-to-door.

A week later Glenvale Church hosted an inaugural “Hymnfest”, raising around \$3,000 to help Bible Society Australia supply bibles to Nicaragua. Marcha William of Edens Landing Church coordinated a team of talented Adventist singers and musicians, along with the congregation, as they enjoyed an inspiring musical journey of songs and hymns, covering the Bible story from Creation to Second Coming of Jesus.

ARTICLE BY GEOFF FRAUENFELDER  
PHOTO BY DAVID ARTHUR

## YANDINA

### IT MAKES A DIFFERENCE



Yandina Church gives priority to assisting those in need on the Sunshine Coast.

“With an increasing number of Australians confronted with a broken housing system and suffering rental stress, homelessness is on the rise” (ABC Radio Tuesday, October 16). Reportedly in Australia there are currently 105,000 homeless, 4 million with insufficient food, and 1,200 turned away daily from community support services unable to provide assistance.

The Shack Community Centre in Nambour on the Sunshine Coast is also experiencing pressure due to an increasing local need. Yandina Church’s ongoing donation of food

parcels throughout the year, and the annual contribution of backpack beds (15 this year) may appear small compared with the need, but it makes a difference. Backpack beds have been awarded seven international product design awards, and are “study proven to improve homeless dignity, self-esteem, health, sleep, comfort and safety”. Unfortunately, “the waiting list for public housing is 16 years, and some homeless commit desperation crime to get shelter.”

Personal Ministries leader Liza Slater and Welfare leader Anne Tinworth coordinate this important community service. Dale Dowler, coordinator of The Shack said every contribution towards the well-being of the local homeless and marginalized is valued. In 2017-2018 The Shack Community Centre provided 722 showers, 1,592 lunches, 2,704 breakfasts and 8.3 tonne of food parcels.

ARTICLE BY BRIAN SODEMAN  
PHOTO BY ANDREW SLATER

## LANDSBOROUGH

### SENIORS HELP DANIEL MORCOMBE FOUNDATION



Landsborough Church’s Over 50’s group enjoy regular social activities during the year, recently meeting at a church member’s home for fellowship and a potluck lunch. At each event the group supports a cause in the local community. This time they decided to help the work of the Daniel Morcombe Foundation with \$100 raised for this important initiative.

ARTICLE AND PHOTO  
BY CHARLES RUSSELL

## NORTHPINE CHRISTIAN COLLEGE

### DUKE OF EDINBURGH GOLD AWARD



Northpine Christian College is proud to have three of our participants complete the The Duke of Edinburgh’s International Gold Award in 2018. On Friday, with awards presented at City Hall on Friday, 21 September 2018 by The Duke’s representative, the Honourable Paul de Jersey AC, Governor of Queensland. Northpine teacher, Mr Darryl Hobson, who has coordinated all aspects of the program at the school for the past twenty years also received a Volunteer Recognition Award, in the form of a Long Service Medal and Clasp.

Congratulations to our Gold Awardees—Kiah Vescovi, a current Year 12 Northpine Student, Dammia Brosnan, a 2016 Northpine graduate and Zachary Redman a 2011 Northpine graduate.

The Duke of Edinburgh’s International Award is a Youth Excellence Award that develops youth holistically in the areas of Physical, Skills, Community Service and Adventurous Journey. Recognised in 144 countries worldwide, it is highly regarded by employers and the community.

ARTICLE BY ANDREW SCHNELL  
PHOTO BY COLIN WILSON

### CLASS OF 2008 REUNION

Spirits were high on the evening of Saturday, 15 September, as the Class of 2008 gathered for their 10 Year Reunion. Timothy Simpson rallied former classmates for a catch-up on

campus to reminisce and celebrate. Opening their 10 year time capsule proved exciting, and most current teachers who had been on staff 10 years ago were able to be present, and a collection of photos and a walk-through of the campus prompted many stories and laughter. The obligatory class reunion photo shows a slightly older and wiser group, but an undeniable spirit of fun and respect for one another endures.



If you want to connect with the school as a former student, visit <http://www.northpine.qld.edu.au/our-community/alumni> or email [alumni@northpine.qld.edu.au](mailto:alumni@northpine.qld.edu.au).

ARTICLE & PHOTO BY COLIN WILSON

## NOOSA CHRISTIAN COLLEGE

### CONGRATULATIONS EMILY DRINNAN

On 11 October, Mooloolaba Rotary, in association with the University of the Sunshine Coast (USC) and Voices on the Coast, held an awards night for writers from Years 4 to 9 who had entered the



“Telling Stories” competition. Entrants had to write short stories with the title, “I Should Have Saved the Tree”. Emily Drinnan received 1st place in the Year 9 category for her short story, a tale about a band of friends out to save the world in a fantasy fiction adventure that breaks all the rules!

Professor Gary Crew, Author and Program Coordinator of Creative Writing at USC, spoke very highly of all the entrants in the competition and how excited he was to see such innovation and creativity in the all young writers who participated. Emily won a medal and \$100 cash. Huge congratulations Emily! Noosa Christian College community are very proud of you!

ARTICLE & PHOTO BY ANITA MITCHELL-KERR

## Chats Provide Support at Victoria Point

The Lifestyle Team decided to put on a morning tea for the wives of gentlemen residents at Victoria Point. The morning tea, held 17 July in the Private Dining Room, gave support and offered a venue for these ladies to get together and have a chat. Many of the wives (and also husbands) are on-site every single day to be with their loved ones.

We often don't think about how much the lives of supporting spouses change with transitions to aged care and what a toll it must take on them. Not only do they not have their loved one at home by their side anymore, they have to go home at the end of their day to an empty home. In this little way, through providing a time to connect, these ladies who share a common challenge can be encouraged. Helping one person may not change the world, but it might change the world for one person.



Adventist Retirement Plus

ARTICLE BY JENNY GOFFEY

# South Pacific Division Church Planting Conference

February 10-13, 2019



## What Is It?

The 2019 SPD Church Planting Conference is for those serious about Adventist Mission.

This conference will:

- Examine Adventism's unique heritage as a disciple making, church planting movement
- Empower and equip individuals, teams, Churches, Conferences, Unions and Missions to plant churches
- Show how to facilitate a church planting movement in our communities
- Explore the growing potential in making disciples in an increasingly post-Christian world

## Who Should Attend?

Pastors, church leaders, administrators, and especially local church members — anyone who is passionate about making disciples and church planting. We particularly hope that teams of potential church planters will attend. Maybe you want to be inspired, maybe you want to be equipped and empowered, maybe you want teachings, or resourcing - whatever the reason, this Conference is for you!

With overseas and local speakers, plus over twenty workshops to choose from, this SPD Church Planting Conference, with the Holy Spirit's leading, promises to be a unique opportunity to be inspired, empowered and equipped to join God in His mission on earth.

*Avondale College will be the venue. Accommodation and meals can be booked via the registration process. See below for address.*

For more details contact Jan | [janbolst@adventist.org.au](mailto:janbolst@adventist.org.au) | 02 9847 3306 or  
Wayne Krause | [waynekrause@adventist.org.au](mailto:waynekrause@adventist.org.au) | 0414 435 314

ONLINE REGISTRATION

<https://events.adventist.org.au/ew/app/registration/index.html?e=3048>



# Calling for EXPRESSIONS of INTEREST for Study in 2019

## 10236NAT Certificate IV in 'Presenting Community Health Education Programs'

The course is designed for church members and others who are interested in following and presenting a Christian whole-person ministry to their community in a relevant and credible manner.

Development of the training course is ongoing, and in its present form has received an excellent response from participants as well as Conference, Division and General Conference Health Directors. There is a firm commitment to keep this course constantly updated, not only with the latest documented nutrition information but also the best teaching methods.

This training course is an accredited Certificate IV program that will teach you everything you need to know about planning and conducting vegetarian cooking and nutrition programs for your community.



ADVENTIST CHURCH *in South Queensland*

HEALTH MINISTRIES

Register your Expression of Interest here

<http://sq.adventist.org.au/ministries/health>

Contact us

[sqhealth@adventist.org.au](mailto:sqhealth@adventist.org.au)



**Hurt People, Hurt People  
Healed People, Heal People**

*"I knew little about Healing Rain, but came anyway. I believed I was OK with no need for healing. But as we got into the "Root Causes", I began to see my brokenness. I discovered only the Love of God could heal me. Today, with tools I acquired at Healing Rain, God's love has helped me reflect the Love of God to my spouse, children and community." - Alele*

### Healing Rain School

is held at The Log Cabin Camp, Natural Bridge, Queensland, where nature helps the healing process along with delicious, plant-based, whole food cuisine. Healing Rain's goal is to help you discover root causes, as well as to place you in an environment where self-government can be learned.

Each class is taught in light of God's love for humanity, a true picture of His love that heals! The Life-Skills Work Program includes physical activity, practical skill learning, student-teacher interaction, plus personal reflection & application. By creating a safe, transparent environment, love can grow, and Holy Spirit is free to heal from the inside out!

*"At Healing Rain, God showed me I had repressed memories that stopped me fully surrendering to Him. I was active at my church, going on mission trips, giving Bible studies, volunteering... but on the inside, I had the heart of the dragon - yelling at our kids, giving my husband the silent treatment, manipulating, nagging & guilt - tripping when things didn't go my way. Being in nature at The Log Cabin, eating delicious plant-based meals and being surrounded by people who were real & vulnerable, created a safe time with Jesus. He gave me freedom to choose - now He helps me give that same freedom to others." Mady*



### CLASSES...

- HEALING RAIN FOR THE SOUL 2.0 CLASSES: KEALA THOMPSON
- RENEW MORNING WORSHIPS: MANASA FAATOE
- RE-FOCUS EVENING WORSHIPS: DIAMOND GARCIA
- LIFE SKILLS CLASSES(CHOOSE ONE): HEALTH IN THE KITCHEN, ORGANIC GARDENING, HEALING REMEDIES OR SEWING

**HEALING RAIN FOR THE SOUL 2.0:** ONCE UPON A TIME, THERE WAS PERFECT LOVE BETWEEN MAN AND WOMAN. BUT SATAN WITH HIS LIES OF FEAR, DREW THEM AND THEIR FAMILY APART. LIKE SO MANY OF US IN LIFE, THEY LOST THEIR WAY. HIDING FROM INTIMACY AND HURTING FROM THEIR WOUNDS, THEY SOUGHT AFTER ADDICTIONS TO NUMB THEIR PAIN. IT WASN'T UNTIL THEY SAW GOD'S LOVE REVEALED AT THE CROSS, THAT THEY WERE UNITED IN LOVE ONCE AGAIN...

[WWW.HEALINGRAIN.ORG](http://WWW.HEALINGRAIN.ORG)



MARCH 22-31, 2019 The Log Cabin Camp, Natural Bridge  
Register at [www.HealingRain.org](http://www.HealingRain.org) Contact us at: [HealingRainReg@yahoo.com](mailto:HealingRainReg@yahoo.com)

**Join an Adventist focused travel group to North Queensland and the Great Barrier Reef in March 2019. Cruise from Brisbane and join your fellow travellers for included port tours (Cairns and Airlie Beach) and group activities on board the Pacific Aria. Fully inclusive fares start at \$1,400 per person.**

**Singles are welcomed – no single supplement if you are willing to share**

**Flights and transfers arranged (if required).**

**Great Barrier Reef Explorer  
March 2019**

[www.LawsonDiscovery.com](http://www.LawsonDiscovery.com)  
[tours@lawsondiscovery.com](mailto:tours@lawsondiscovery.com)  
Tel: (07) 3272 2167

*Lawson*  
**DISCOVERY**

## Roasted Vegetable Pesto Pizzetta

■ Serves 12 ■ Prep 30 ■ Cook 30

These pizzas are spread with pesto that adds a vibrant colour and flavour to them. Pesto is an excellent alternative to traditional tomato sauce in this recipe. Give these pizzas a go, you will not be disappointed.

### Ingredients

- 4 capsicums
- 2 punnets cherry tomatoes
- 2 teaspoons balsamic vinegar
- 2 teaspoons olive oil
- 12 small pizza bases (100g per 1 small pizza base)
- 1 cup commercial pesto
- 200g low fat fetta
- 1 cup rocket

### Method

- Place whole capsicum on a lined baking tray and bake in a hot oven, 200°C, for 30 minutes or until charred and blistered. Remove from oven and place in paper bag to cool.
- Halve cherry tomatoes and place in a bowl with vinegar and oil. Toss well. Arrange on a lined baking tray and bake in a hot oven, 200°C, for 10 minutes or until they begin to soften. Remove from oven.
- Remove skin from capsicum and cut into slices.
- Spread pizza bases with pesto and arrange capsicum, tomatoes and crumbled fetta on top.
- Place pizza bases on tray and bake in a hot oven, 200°C, for 20 minutes or until crust is crisp.
- Serve topped with fresh rocket.

Makes 12 mini pizzas.

Subscribe to Recipe of the Week at [www.sanitarium.com.au/subscribe](http://www.sanitarium.com.au/subscribe)



**Sanitarium**  
health & wellbeing



## Earlybird registrations now open for the 2019 Weet-Bix Kids TRYathlon

TWO locations in our conference:

- Sunday, 5 May 2019 at Broadwater Parklands, Marine Parade, Southport
- Sunday, 19 May 2019 at Pine Rivers Showground & Lawnton Aquatic Centre, Lawnton

Register now at <https://tryathlon.com.au/>



Visit us on Facebook at **Adventists South Queensland** and Instagram at **adventist\_sqc**

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