



FOCUS

SOUTH QUEENSLAND CONFERENCE NEWSLETTER

Good News!

BY PR BRETT TOWNEND

Good news is in short supply. Even as I write the news headlines are all bad. Bad news seems to sell. Or alternatively, he would say that there simply isn't much good news to report. Russia has invaded Ukraine! Southeast Queensland is flooding! The pandemic continues! Our prayers are important for the people in all these situations, including our own churches in this conference.

In this setting we recognize that God's people have good news to share. It is the best news ever! We call it the gospel. When the world is waxing old like a garment, when we hear of wars, and rumors of wars, the good news of the gospel shines even more brightly. It's this gospel that must be preached in all the world before Jesus returns.

Sometimes the Christian faith is construed as good advice. Do this, don't do that, do a little more of this and a little less of that. The advice might be good, but it's not the gospel. The gospel is news. And Christian faith is about this gospel, the best news ever reported.

Paul's news headline gospel is perhaps best articulated in Romans 1:3,4 (NLT).

"The Good News is about his Son. In his earthly life he was born into King David's family line, and he was shown to be

the Son of God when he was raised from the dead by the power of the Holy Spirit. He is Jesus Christ our Lord."

The good news is about Jesus, and his death and resurrection declare his sovereignty over all the world. As Jesus Christ our Lord, He is still in control, he is still our focus, and he is still our hope!

As we are surrounded and swamped by bad news, let us remember to keep the good news of the gospel shining in our hearts and in our church communities so that the world may see that there is still good news, there is still hope, and our future is still secure in Jesus.

I pray that this focus will remind you of God's activity in our conference. Yes, he is still in control and his spirit still moves amongst us. We praise him for that.





Kingaroy Celebrates Journey 75 Years in the Making

BY PR LEATHAN FITZPATRICK

Over 150 people were in attendance as Kingaroy celebrated its milestone of 75 years formally existing as a church!

To reflect the many years present in Kingaroy, the theme of 'celebrating the journey' was chosen. This was intended to honour the achievements of the past, all while pointing forward to an even better future, as God continues to lead, and guide us.

Kingaroy officially became an organised church in 1945, but its roots go back to 1910 when evangelist Pastor Hubbard came through the area and established a bible study group in his home. In the early years, the church met in various homes and community buildings. But as the group grew, it purchased its first property on which it built a church building, slightly bigger hall, and also a school (now closed). The church outgrew that property, and moved to its current campus in the 1980s.

The church has always had a focus on mission and being a light in its community. There have been many evangelistic meetings, and other programs held throughout the years. There have also been some great ministry initiatives. Most recently of which was the drought relief ministry, in which the church members were able to hand out more than \$30,000

into the hands of struggling farmers in the local area. The impact of that ministry will only be fully realised in Heaven.

Those who attended the celebrations participated in a combined worship program which featured inspiring worship music, an energetic children's segment, and an encouraging message by previous pastor—Pastor Gideon Okesene (2013-2018). Those in attendance also heard from some of the church's longest attending members—Norm Ford, Eric King, Lyn Scott, and Graham & Katrina Usher, about certain details of the church's history. Norm Ford shared how the church helped clear land on his father's farm to plant peanuts, and the proceeds of that crop were donated to building the church!

After the program, those in attendance were treated to a catered meal. The two oldest members in attendance—Norm Ford and Joan Salmond (both in their 90s) were honoured when they were chosen to cut the cake!

The church would like to thank its team that organised the special day—Naomi Shea, Lyn Scott, Katrina Usher, Sybilla Harrold, and Pastor Leathan Fitzpatrick.”

Shaping for Mission



Christmas Baptism for Five Teenagers

BY EDDY CRIAG, PHOTOS BY REUBEN BAZLEY

Five youth who chose to be baptized on Christmas Day 2021 at the Central SDA Toowoomba church will never forget the date and day of their baptism. The birth of our Savior Jesus, was also remembered. Those baptized were: Collen Behan, Remy Darly Niyukun, Noah Haslam, and Nikiah Honti.

When Nikiah Honti requested baptism, she could not decide a date. Not long later Pr. David jokingly suggested “Christmas Day as it is on a Sabbath this year”. To his surprise the answer was “YES”. When 4 other young people learnt about a “Christmas Baptism”, they too joined Nikiah in preparation. No amount of persuasion by Pr David could change the date because the five candidates looked forward to a special Christmas Baptism.

Pr David quoted Isa 7:14 and pointed out that the Promised Son, Jesus was God’s way of dealing with mankind after having “messed up”. Jesus had to grow up with the temptations of man and then die on the cross. Therefore, Christmas is really about celebrating the God who kept His promises of a SON. Emanuel, “God with us” is not only God’s Present to us, but also His Presence among us. Because God is a promise keeping God, the five baptismal candidates were assured that all they had to do was to trust Him and ask for forgiveness of sins.

With joyful smiling faces the five candidates spontaneously said YES to affirming their desire to accept Jesus and to join the “CHURCH FAMILY OF GOD”. Each person baptized was presented with a discipleship pack containing valuable

resources for a new Christian, a gift from the Conference. Pr David, when introducing the five new church members, reminded all that as a church family each person is there to be a support for the newly added members and that the new members have the support of the whole church. A special fellowship lunch was given in the church hall for the newly baptized members and their families. This was a most fitting ‘welcome’ into the Toowoomba Central SDA Church.

Hervey Bay Baptism

Last Sabbath on Shelley Beach in Hervey Bay, Pr Mark Goldsmith Baptised 4 souls into God’s Kingdom. From left to right (see photo): Sis. Misha Shahrinia, Bro. Timothy Haritopoulos, Bro & Sis. Lindsay and Jennifer Goods.







In a fast-changing world, accelerated by the pandemic we have an Anchor who remains steadfast. The same yesterday, today and tomorrow. When we stay connect to this Anchor, no matter what the winds of change may blow our way we can remain steadfast too. This Anchor is Jesus. While JET Camp and JR Camp could not go ahead due to recent COVID outbreaks we were so abundantly blessed through the ministry of all our Staff and campers at Summerfest and Teen Camp.

BY PR CHRISTOS SPERO





Introducing Peter Charleson, Principal Brisbane Adventist College

BY PETER CHARLESON

After graduating from Avondale College, my wife Shelley and I embarked on an adventure to Papua New Guinea. Our time spent living and teaching in a different culture was not only exciting, but also enriching and rewarding.

Upon returning to Australia, my next challenge was to teach Design and Technology at Prescott College in South Australia. I have remained at Prescott in a variety of roles, for over 25 years, with no regrets. Helping students to grow Christ-like characters in order to become successful citizens in this world and the next, is a passion that has not faded over time.

While in Adelaide, Shelley and I raised two sons: Trent, who married Emily, and is a Science teacher at Avondale High School and Rhys, who married Nadia, and is currently studying Paramedicine in Melbourne. As a family, we love being as active as possible in the outdoors. Some of our favourite

things we enjoy are running, kayaking, camping, four-wheel driving and snow skiing.

Since 2011, I have taken on school leadership roles; first Deputy Principal and later Principal. In these positions I have enjoyed working with students, parents, staff and the wider community. I relished the challenge of growing Prescott College to become a Christ centred school with stunning academic results and a warm, inclusive culture that continues to grow and expand in peoples' lives long after they have graduated.

Shelley and I, now look forward to a new chapter of following God's calling, to lead Brisbane Adventist College and wish to continuing building on the good work that Ms Leanne Entermann has done over the last seven years.



South Queensland Hosts Creative Conference 2021

BY CHARMAINE PATEL

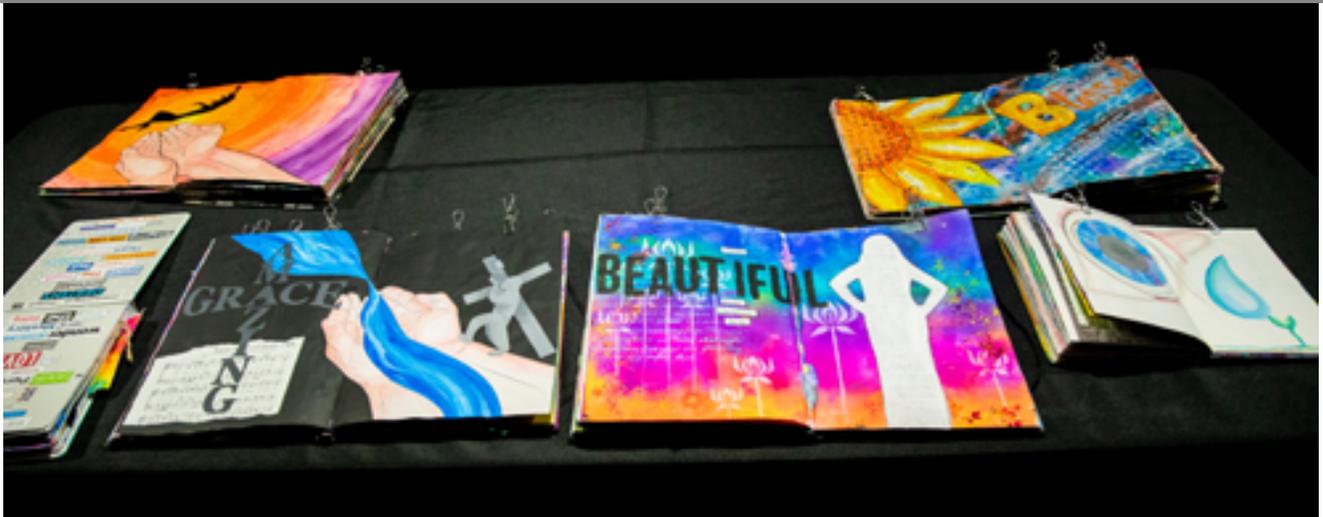
Within our South Queensland Adventist local churches, one will find various artists, musicians, filmmakers, writers, social media influencers and other creatives.

At the 2021 Creative Conference end of last year, many artists shared their own personal creative journeys that brought enlightenment on how they were able to connect people to God through the Creative Arts. For all those attending and who heard those testimonies they were greatly inspired to reignite colour back into their own local churches and ministries and learnt tools on how to share their own God given creative gifts.

The 2021 Creative Conference took place at Springwood Church, Brisbane and saw over 400 people throughout the weekend. Hundreds more tuned in to the livestream on YouTube or Facebook to watch keynotes and practical presentations by Adventists who use media and creativity in their professional or personal spheres for God.



It was an honour to organise it and see it come to life. We are so blessed to have amazing, talented, creative people in our local churches who can empower us to be more creative in our churches and ministries. We were inspired to dream bigger, to lean into the Spirit's promptings more and to reflect the light God gives us to give to the world in creative ways."—Charmaine Patel, Visual Communications Associate Director



A special thank you to our phenomenal speakers, song artists, painters and educators below:

- Sandra Entermann – Songwriter/Performer
- Stephen Kane – Designed Alliance/speaker
- Rochelle Melville – Art Journaling/Educator/Creative Workshop
- Luke Martin – Creative Educator
- Dayna Petrie – Singer/Songwriter
- JP Martinez – Singer/Songwriter/Chaplain Ministry Karen Collum – Author/educator/Chaplain
- Bryce Deppeler – Live streaming/IT/tech
- Lara Connelly – Photographer/entrepreneur
- Kasey Gillespie – Singer/Songwriter
- Alisha Lemke – Entrepreneur

- Regent Neihkhup – Filmmaker/Music Industry
- Esther Espinoza & Steph Espinoza – GIGI podcast /Magazine
- Naomi Jaques – Entrepreneur
- Jess Palu – MC
- Kristina Savka – Signature Style Strategist and confidence coach
- Mark Passfield and Greenhouse team – Catering
- Joanne Donaldson & Leighton Donaldson – Catering/ IT/tech
- Dwane Hedges & Leighton Hedges – Set Design Stage
- BAC – Creative Expression
- Evidence – Christian Artist
- Patty Gillespie – Life painter
- Craig Shipton – Entrepreneur
- “So many people inspired us to explore dreams in our hearts” – Naomi





Kingaroy Operates During Christmas

BY PR LEATHAN FITZPATRICK

A team of just six ladies from Kingaroy Church have managed to fill 100 boxes for the towns collective effort in this year's Operation Christmas Child (OCC).

OCC is a program of Samaritan's Purse, an international relief organisation, which aims to share Gods love in a tangible way through a shoebox gift. Each box is filled with gifts like small toys, hygiene items, and school supplies.

What made the Kingaroy church contribution extra special was that many of the toys that were placed in the boxes were handmade over the duration of the year by some of the ladies. Others from the church had contributed funds towards the overall cost.

After the boxes were filled, they were packed into a volunteer's car at the church and then delivered to a local pick up point in town. From there the boxes were delivered to Brisbane for free via a donation from a local freight company!

The team of ladies from Kingaroy is excited at the prospect that each box they had prepared is going to bless a child's life this Christmas, and that each of those children who received one of their boxes might choose to follow Jesus.

Since 1993 this program has delivered gift-filled boxes to over 168 million children in more than 100 countries!"

Unto us a Saviour

BY ELJIE COJOCARU

On December 19, Logan Reserve Church celebrated Christmas with a special musical program. The story of Jesus birth was told and highlighted with special items from artists such as Sandra Entermann, Dayna Petrie, Eliza Southwell and the Mene Family. Some of the children and teens of Logan Reserve Church also shared their talents in song as well.

Many church members as well as people from the local attended the evening and were blessed by the love that Jesus has for us in the story they heard.



ADRA Responds in Tonga

BY ASHLEY STANTON, ADAPTED, PHOTOS BY TONGA SDA MISSION

On January 15, an underground volcano near the island nation of Tonga erupted, triggering a tsunami.

The eruption at the Hunga Tonga-Hunga Ha'apai volcano is estimated to have exerted a force equivalent to 1,000 Hiroshima nuclear bombs. The eruption was heard more than 750km away in Fiji.

Damages to the underwater communication cable have caused a communication blackout in Tonga. ADRA is working with local groups to establish communication through a satellite phone.

By 24 January ADRA was able to establish communication with our partners on the ground and hear first-hand about the devastating impact. Over 80% of the Tongan population have been affected.

The greatest concern is a lack of safe drinking water and food, which has been contaminated with volcanic ash or washed away by the tsunami.

ADRA is responding. A cash gift allows families to meet their most urgent needs, whether that is access to clean water, shelter or food. In collaboration with the Tongan Seventh-day Adventist network, volunteers on the ground are visiting affected areas. Hundreds of families are unable to return

home. And for those that have, they are returning to damaged homes, no electricity and destroyed crops.

On Sunday 6 February, Tonga entered a 14-day lockdown to help reduce the spread of COVID-19. As an essential service, ADRA's response was permitted to continue, though the roll out of services has been adjusted to comply with lockdown restrictions. Over 700 affected households on the islands of Tongatapu, Fono'i, Tungua, Nomuga, Pangai, Haafeva, Mango, Matuku, Atata and Eua will be assisted with multi-purpose cash from ADRA and the Seventh-day Adventist church for their immediate needs.

"Communications have been irregular and difficult," says ADRA South Pacific director Greg Young. "But over the past number of days it has been inspiring to hear of the resilience of the Tongan people and how they are stepping up from all levels of society to support those in need."

A long-term recovery component of agricultural livelihoods is planned and expected to be implemented by March. ADRA Australia established an appeal to respond to the Tonga disaster. As of 17 February, just under \$100,000 had been raised nationally and of that \$21, 379 from South Queensland Conference. It is still early days, so let us please keep Tonga in our prayers.

Outreach Celebration in Ipswich

BY PR FRANCIS PULE



Due to various societal challenges, the local communities in and around Goodna of Ipswich were considered a challenging field for evangelism and community outreach. Through careful planning and thoughtful prayer, the LifeSwich Community church led by Pastor Francis Pule and supported by the LifeSwich church family embarked on an initiative to bring transformative change within the community through practical relational disciple-making in sharing the gospel. Their approach is rooted in Christ's method of meeting people where they are, attending to their needs and sharing the living word so they can do the same to others (disciples making disciples). This was implemented through disciple-making activities led and supported by the eldership team that included a range of outdoor bible reading and discussion huddles held at local parks and public spaces during the week. On Sabbath, bread from a local supermarket, which supported the initiative, was shared amongst church members and visitors from the local community before and after the worship gathering.

Over time, word of the work carried out by the LifeSwich community church spread within the local community. The number of visitors from the community received bible

studies through people or families of peace. It wasn't long before some of the community members who had attended regular discover bible reading groups led by LifeSwich church members decided to give their hearts to the Lord.



On 18 December 2021, a baptismal celebration was held, which began with nativity carol singing and testimonies from LifeSwich church family members. Pastor Francis Pule's sermon on making a life change or a life switch to follow Jesus was followed by the baptism of 25 members (from children to young adults) of the local community in the nearby Brisbane River. The occasion was then concluded with a celebration lunch to welcome the new members into fellowship at Colleges Crossing Reserve (Chuwar). Ongoing Bible studies will continue to help the new members establish in doctrine and grow in their relationship with Jesus as they live a life of faith.



Pastor Francis Pule said: "Witnessing young people giving their hearts to following and becoming like Jesus in every way was a wonderful way to celebrate God's faithfulness over the years".

The LifeSwich community church was established by Pastor Francis Pule as an initiative focusing on practical, relational disciple-making and mission within local communities.



Pineapples for Christmas

BY LANDSBOROUGH ADVENTIST CHURCH

Church members from Landsborough Church went out into the community on Sabbath afternoon 18 December, distributing pineapples and invitation cards to our Christmas Day program. 400 pineapples were given away. It was a great way to meet people and share a gift with them from the church. It also helped support local farmers in the local area.



Munungjali Camporee 2021

BY BROOKE TEO

On the first weekend of the September school holidays, 11 Pathfinder Clubs attended the Lower South-East District 'Munungjali' Camporee. This particular camporee is usually held every two years but this year we made an exception. Our district director team saw the need to bring our Pathfinder clubs together again after a rough year of restrictions, cancellations and postponements.

This camporee also gave us the opportunity to pay tribute to one of our longest serving District Directors and the founder of Munungjali Camporee, Alan Aldridge along with his lovely wife Nerilye.



The theme was 'The Way Home' and it was awesome to see our Pathfinders growing to learn more and more that Jesus is the way, the truth and the life. We were blessed with guest speaker Lachlan Harder's challenging messages as he inspired us to heed the voice of Jesus as He leads us home.

The Pathfinders had a great time making new friends, worshipping together and showcasing their God given gifts. As much fun that was had, the greatest highlight of this camporee was the 144 Pathfinders who made a commitment to follow Jesus including 38 pledges to baptism. Praise God!



Paint and Nibbles for Kids

BY CATALINA NAVARRO AREVALO

We did it again!! Paint and Nibbles—KID’S edition! All our artists took home their very own painting of an adventurous turtle swimming around Mon Repo. It’s an absolute pleasure working with this awesome team again in serving our community (Melissa, Ngahuia and Josefina)

We’re blessed to have received exceptional feedback for our participants and their parents, and requests were made by community members for more sessions throughout the holidays—we’ll see what we can do for you Bundaberg, Queensland.

We hope the children’s painting will be a constant reminder of the natural treasures we have swimming around our region.



Shaping for Mission

David Murray, *Reset: Living a Grace-Paced Life in a Burnout Culture* (Crossway, 2017)

REVIEWED BY PR TREVOR MAWER

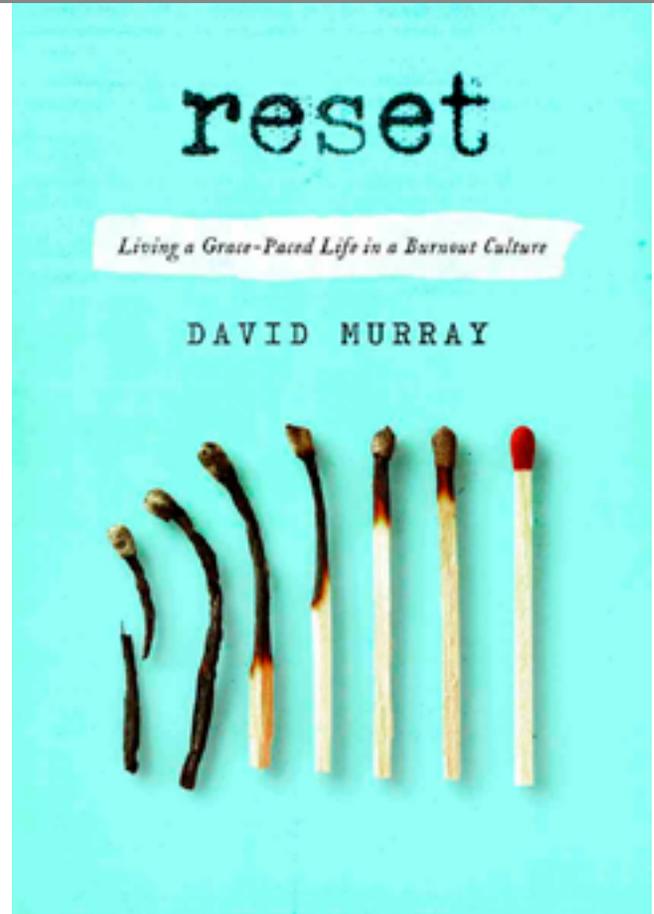
Before I read this book, I was totally unaware at just how close to the ragged edge I was. When a friend gave it to me as a gift I didn't think I needed it, after reading it I realised just how desperate I was for this book.

Written in a way more focused from a male perspective the writer asks the reader to perform a reality check on life.

The reader is taken on a no guilt step by step walk through the problems of fast paced living offering practical can-do suggestions that are not a one size fits all.

David Murray offers a more sustainable way of living that, applied incrementally, has rejuvenated my ministry, my family life and most importantly my time with God.

Highly recommend this book to those who feel life has become a blur and are feeling the ragged edge.



PLEASE ENSURE THAT ALL PHOTOS SUBMITTED ARE CLEAR AND HIGH QUALITY

SOUTH QUEENSLAND CONFERENCE—SPECIAL CONSTITUENCY MEETING

COLIN RENFREW, GENERAL SECRETARY

Notice is hereby given that a special constituency meeting of the South Queensland Conference of the Seventh-day Adventist Church will be held at Seventh-day Adventist Church South Queensland Conference Administration and Resourcing Centre, April 10, 2022. The special constituency meeting will commence Sunday morning at 9:30 am and conclude no later than 10:30 am. The sole business of the special constituency meeting will be to make additions to the South Queensland Conference Constitution to allow for virtual meetings.

Logan City Samoan	Afamasaga, Sam
Ministerial Intern, Inala and Kingston Samoan	Ah Sam, Ben
St Andrews, Rosedale and Hope Adventist School (Chaplain)	Ah Sam, Timothy
Springwood (Associate)	Azzopardi, Joe
Lay Volunteer, Emerald and Longreach	Barron, Jeff
Refresh	Berkeley, Sean
Gold Coast Christian College (Chaplain)	Bernard, Marty
Melody Park Retirement Village (Chaplain) and Hospital Chaplaincy Coordinator	Bews, Stephen
Ministerial Intern, Glenvale and Highfields	Boehm, Jacob
Ipswich and Rosewood	Campling, Greg
Logan Reserve and Beaudesert	Celic, Rajko
Brisbane Adventist College (Chaplain)	Cherry, Annalise
Glenvale and Highfields	Christie, Daniel
Gold Coast Central	Collum, Mike
Brisbane Spanish, Betel Brisbane Spanish Group and Gold Coast Spanish Group	Duarte, Yimi
Gladstone, Monto and Agnes Waters	Evans, Horace
North Central Samoan, Deception Bay Samoan and Scarborough Samoan	Faiumu, Tusi
Reedy Creek	Feaveai, Andrew
Kingaroy, Murgon, Nanango Group and Blackbutt Group	Fitzpatrick, Leathan
Innovation and New Life	Gillespie, David
Hervey Bay, Maryborough and Childers	Goldsmith, Mark
Springwood	Goltz, Paul
Gatton, Esk and Laidley	Groves, Darryl
Ministerial Intern, Ipswich, Rosewood and Ipswich Adventist School (Chaplain)	Habermann, Dayne
Brisbane Central and Redhill	Hamilton, André
Gold Coast Central (Associate)	Harders, Lachlan
Northpine Christian College (Chaplain)	Harrington, Sharyn

Gympie, Yandina and Gayndah	Hebbard, Steve
Stanthorpe, Warwick, The Summit, Goondawindi	Humphries, Wayne
Gold Coast Korean and Mt Tamborine	Je, Young
Ministerial Intern, Caboolture and Bribie Island	Josey, Kirra-Leigh
Rockhampton and Biloela	Kanazir, Dragan
Brisbane Asian Company, Brisbane Croatian, Garden City and Wynnum	Kelava, Jakob
Landsborough and Kilcoy	Kelsey, David
Brisbane Korean and Brisbane City Korean Company (<i>Subject to successful visa application</i>)	Ko, (Scott) Chunghyun
Redcliffe and Sandgate	Lieder, Shaun
Coastlife	Martin, Jared
Brisbane Adventist College (Chaplain)	Martinez, Jean-Pierre
Eden's Landing	May, Graeme
Ministerial Intern, Cooroy and Noosa Christian College (Chaplain)	Meale, Esther
Salisbury	Milosavljevic, Dusan
Springwood (Associate)	Nelson, Caitlin
South Brisbane and Bay Islands	Okesene, Gideon
Talamoni (formerly Springwood Samoan), Brown's Plains Samoan and Harvest	Paleso'o, Sigi
Park Ridge	Penate, David
Sherwood Romanian	Piturlea, Emmanuel
Eight Mile Plains and Capalaba	Popovic, Miljan
Burpengary (formerly Deception Bay) and Maroochydore	Pule, Francis
Northpine Christian College (Chaplain)	Redman, Neil
Eight Mile Plains (Associate) and Capalaba	Reilly, David
Pine Rivers (Associate)	Richards, Kelly
Helensvale and Surfers Paradise	Roberts, Gary
Yeppoon and CARV Chaplaincy	Rollo, Peter
Roma and Charleville	Rusterholz, Heinrich

Darling Downs Christian School (Chaplain)	Sandy, Janene
Global Mission Pioneer and Brisbane Karen SDA Company	Saw, Edric
Logan Reserve (Associate) and Beaudesert	Southwell, Harley
Brisbane African and Cook Island Group	Strickland, Willie
Murray Wantok Company and ATSIM Coordinator	Stuart, Luke
Salisbury	Todrovic, Sasa
Cornubia Samoan, Ipswich Samoan and Riverview Samoan	Togafau, Stanley
Gold Coast Central (Associate)	Tompson, Matt
Albion and Lifeswich	Turner, Benjamin
Hinkler and Gin Gin	Turner, Mark
Victoria Point and Victoria Point ARV (Chaplain)	Tyler, Neil
Cooroy and Noosa Christian College (Chaplain)	Ugljesa, Jacob
Pine Rivers (Associate)	Van Rensburg, Alina
ADRA Logan and Refugee Church Planter (Chaplain)	Van Rensburg, André
Mt Gravatt and Fijian	Vidacak, Zeny
Nambour and Maleny	Ward, Steve
Caloundra, Caloundra ARV (Chaplain) and Spiritual Care Coordinator	Wareham, Scott
Brisbane Filipino Multicultural (formerly Nundah) and Mitchelton	Webb, Joseph
Caboolture and Bribie Island	Wolverton, Casey
Dalby and Chinchilla	Yeend, Phillip
Toowoomba Central and Millmerran	Yeo, David

TO BE ANNOUNCED

Brisbane Tongan (Maranatha) Company	Mt Gravatt
Harrisville	Fijian
Intern	Northpine Christian College (Chaplain)

The Funny Horse

BY DR IRENA PULE

Betty was a funny looking horse, well that's what the other horses thought of her. She had four legs, like the other horses. She had two ears and a tail, like the other horses. But she was a bit different to other horses. You see, Betty was not just one colour but two colours. Betty didn't just have a couple of spots that were different to the other horses, but he had zig-zaggy stripes. Actually, you couldn't quite tell if Betty was black and white or white and black. Can you guess what type of animal Betty was?

Well, Betty was a... zebra! Yes, that's right Betty was a zebra. She was a bit smaller than the other horses and sometimes she would get teased. So Betty would get a bit upset.

One day, Betty came across another funny animal. This animal, she couldn't quite tell if it was a furry piglet or some other strange animal. Betty said, "what are you, friend and what is your name?" The animal said, "my name is Walter and I am a wombat. I can't run fast and I can't climb trees, but I can blend into the trees and bush so I can hide really well." "But don't you feel...different," said Betty. "Yes," said Walter, "but I have learned that it is good to be different. If we were all the same, it would be quite boring." "Well, yes I suppose that's true," said Betty. "Also," said Walter, "God made us all different because we all have our special talents and skills that no one else has. What are your special skills Betty?" "No one, has ever asked me that question", said Betty, "but I am good at recognizing different zebras because we all have different patterns and I am very close to my family." "Great", said Walter, "see, God has made you unique and he loves you just as you are. I hope you can try to appreciate that you are unique too."

Betty said goodbye to Walter, feeling pretty good about herself. But more importantly, she felt pretty good about God and that God made her very special. Each of you are also unique and special, just like Betty. Isaiah 64:8 says that we are the work of God's creation; that makes us very important but, more importantly, very loved by God.



Vegan Steam Buns

BY DR IRENA PULE (ADAPTED)



**** This recipe requires a steamer pot, either stainless steel or bamboo**

Dough

In a pot, place the following ingredients:

- 2 Tbs butter replacement
- 2 Tbs raw sugar
- 1 ½ cups soy milk

Warm, not boil. Put this mixture into a mixing bowl with:

- 2 tsp baking yeast
- 1 tsp salt

Place 3.5 cups of steam bun flour (eg Lighthouse Steam Bun Flour) into a bowl and add the above mixture. Mix, with spoon and then by hand until liquid is absorbed and dough is not sticky; add a small amount of extra flour if needed. Cover with plastic wrap and sit for one hour at room temperature (preferably not in air con).

Filling

- 1 onion, finely diced
- Garlic and ginger to taste, finely chopped
- Chinese spice, any preference
- 500g Vegan meat replacement (eg Quorn mince)
- ¼ c Soy sauce of choice

Sauté onion, garlic, ginger, Chinese spice until slightly browned and then add meat replacement and soy sauce until soft. Set aside.

Assembly

Divide dough into 12 equal portions. Take each portion and flatten into a circle with your hand. Place 1-2 tablespoons of filling in the centre and then bring edges together, join and twist. Place each bun, with the twist facing down, onto a square piece of baking paper and place into bamboo or stainless steel steamer for 8-10 minutes. Once cooked, serve with sweet chilli sauce. Can be made a day before and reheated in microwave before serving. Enjoy!

Visit us on Facebook at [Adventists South Queensland](#) and Instagram at [adventist_sqc](#)

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Seventh-day
Adventist Church

South Queensland